



Job Title: Whānau Ora Therapist
Hours: 37.5 Hours per week
Service: Ngā Mata Wai Ora
Reports to: Kaiwhakahaere, Ngā Mata Wai Ora

Organisational expectations:

Te Puna Ora O Mātaatua expects all employees to always maintain acceptable standards of conduct having regard to the reputation of the organisation and the welfare of the clients and whānau we serve.

Te Poutokomanawa o Te Puna Ora is a framework that underpins everything we do at Te Puna Ora o Mātaatua, and staff are required to have a strong commitment to the principles outlined in the framework.

Employees will carry out their duties in a professional manner while observing all codes, legal requirements and policies and procedures of Te Puna Ora O Mātaatua.

Flexibility in hours may be required to ensure deadlines are met.

Community Engagement:

The Whānau Ora Therapist will work with clients/whānau in the areas of mental health, alcohol and addiction, depression, bullying, eating disorders, historical/systematic trauma and Rainbow/LGBTIQ+ discrimination.

Key Responsibilities:

- Kaupapa Māori holistic interventions
- Advocacy and support for vulnerable whanau
- Support whānau to access integrated care and support
- Assist clients in developing and implementing individualized care plans
- Assist internal staff with mental health and wellbeing strategies as required
- Data entry into the Ara Whanui system
- Maintain accurate and confidential client records, including progress notes and assessments.
- Carry out additional ad-hoc tasks as requested by the Manager within reason
- Support our Te Ara Mahi and Tu Maia Rangatahi Hub initiatives
- Engage in regular supervision and seek professional development opportunities to enhance skills and knowledge.

Competencies, abilities and attributes:

Knowledge of integrated primary care models

- Experience in delivering mixed-mode consultations: one-on-one, group work, online; and ability to traverse both traditional and kaupapa Māori approaches to well-being
- Confidentiality and professionalism
- Ability to prioritise, work under pressure and ensure deadlines are met
- Ability to understand, empathise, and assist individuals and whanau to achieve mental health wellbeing
- Ability to engage, develop and maintain relationships with employees and relevant stakeholders.
- Ability to work effectively with both rangatahi (youth) and adults, tailoring support to meet the unique needs of each group.
- Knowledge of Te Reo me ōna Tikanga Māori.